

2019 VHSL SOCCER RULES CLINIC

ATTENDANCE CARDS

COMPLETE ALL PERTINENT INFORMATION

PLACE YOUR COMPLETED CARD IN THE BOX ON
THE TABLE AT THE DOOR AT THE CONCLUSION OF
THIS SESSION

RULE BOOKS

- ▶ Coaches: Books were mailed to each member school prior to the beginning of the season.
- ▶ Officials: Books were mailed to each association

Information regarding the purchase of additional books can be found on the NFHS website.

VHSL COACH'S PASS

- ▶ Coaches passes are available for \$25
- ▶ They must be ordered through your school
- ▶ Please contact your AD for more information

VHSL STATE EVENT PASSES

- ▶ Officials may purchase State Event Passes for \$25.
- ▶ State Event Passes must be ordered through your association

CLINIC REQUIREMENT

- ▶ It is mandatory that each school that sponsors soccer have one coach attend a rules clinic.
- ▶ If your school has both boys and girls soccer- one coach from each program must attend a rules clinic.
- ▶ Each official must attend a rules clinic to be eligible to officiate soccer in 2019.

Important Dates

First Practice Date: February 18, 2019

First Contest Date: March 11, 2019

Region Start Date: May 22, 2019

Region Deadline Date: June 1, 2019

State Quarterfinals: June 4, 2019

State Championships: June 7-8, 2019

CONTEST LIMITS

- ▶ Teams and individual players are limited to 16 games/matches per season
- ▶ Players who play Varsity and JV cannot do so on the same day, nor can they exceed the 16 game limit.

VHSL SOCCER STATE CHAMPIONSHIPS

JUNE 7-8, 2019

Class 1-2: Radford

Class 3-4: Salem

Class 5-6: Deep Run HS/Glen Allen HS

- ▶ Boys Soccer: 6 championships- 1 per class
- ▶ Girls Soccer: 6 championships- 1 per class

Suspended/Interrupted Matches

**Declare it an official match if one complete half or more has been played and one team is ahead

**At any point after completion of the 1st half if the score is tied, resume the match from the point of interruption unless both teams agree to a tie

**If less than one complete half has been played, resume the match from the point of interruption

Exception: prior to the beginning of the season an appropriate council may opt out of this rule

Ties during regular season play

**play two five-minute overtime periods
-at the end of the 1st OT period, teams shall change ends of the field

**if the tie still exists at the end of the two OT periods-the game will be recorded as a tie

Breaking Ties– Post Season Play

Post-season tiebreaker rules differ from regular season

Please review the rules on the VHSL website,
go to the soccer page and view under resources

Eight Goal Rule

**in effect for all regular season and district tournament matches

**after mid-point of 2nd half- one team leads by 8 or more goals the match shall be terminated

Exception: prior to the start of the season- a district council may opt out for its regular season or district tournament matches

The final 2 minutes of each half in every game for
2019
will be kept on the field by the officials not on the
scoreboard.

#SPORTSMANSHIP

CAUSES FOR EJECTIONS

- ▶ Causes common to all sports
 - ▶ Fighting
 - ▶ Foul/abusive language directed at officials
 - ▶ Intent to injure
 - ▶ Taunting
- ▶ Harsher penalties are in place for fighting and abusive language directed toward officials.

COACHES ROLE

- ▶ Teacher
- ▶ Role Model
- ▶ Sportsmanship starts at the top
 - ▶ Set high standards
 - ▶ Expect standards to be followed

QUESTIONS ABOUT SPORTSMANSHIP

- ▶ All questions regarding VHSL regulations should be directed to your Athletic Director.
- ▶ Officials should leave the game site immediately after the match concludes.
- ▶ Conversations between coaches and officials are not to take place following a game.

YOU CAN'T TAKE IT BACK!

- ▶ Officials: can not eject and then have second thoughts, as they do not have the authority to “undo” the ejection. The report must be properly filed. Schools have the opportunity to appeal through the prescribed process.
- ▶ Any incident related to sportsmanship must be reported to the League office.

RISK MANAGEMENT

INHERENT RISK

- ▶ With activity comes risk
 - ▶ Inform parents
 - ▶ Inform athletes
- ▶ Teach safe skills
- ▶ Insist on safe play in games and in practice (coaches AND officials)
- ▶ Minimize risk

PRACTICE GUIDELINES

- ▶ You need a written policy
 - ▶ VHSL Handbook 27-10-4 Spring Season Practice Guidelines
 - ▶ Local guidelines
 - ▶ Check with your AD/DSA
 - ▶ BE SMART
- ▶ Athletes need to acclimate to heat AND to activity

HEAT, HYDRATION & CONCUSSIONS

- ▶ The spring season in Virginia can bring a wide range of temperatures and humidity
- ▶ All athletes are especially susceptible to heat related difficulties when the temperature and/or humidity is high.
 - ▶ Recognition
 - ▶ Management
 - ▶ Prevention
- ▶ Concussion management

SUDDEN CARDIAC ARREST

- ▶ More than 400,000 individuals nationwide will suffer sudden cardiac arrest this year – less than 10% will survive
- ▶ Every 3 days, a young competitive athlete dies of SCA in the United States
- ▶ Each team should have an Emergency Action Plan. An AED should be available.

LIGHTNING

- ▶ What is the local school policy?
 - ▶ Are there responsible school personnel on site?
 - ▶ What is the criteria for suspension and resumption of play?

- ▶ How long should officials wait?
- ▶ Officials, coaches and school personnel must communicate
 - ▶ Work together for the best solution
- ▶ Know where you will go during a lightning delay
- ▶ Follow the 30 minute rule as outlined in the VHSL Handbook and NFHS rules

QUESTIONS?

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Sportsmanship - the winning goal!

#Respect #LifeSkills
#VHSL